

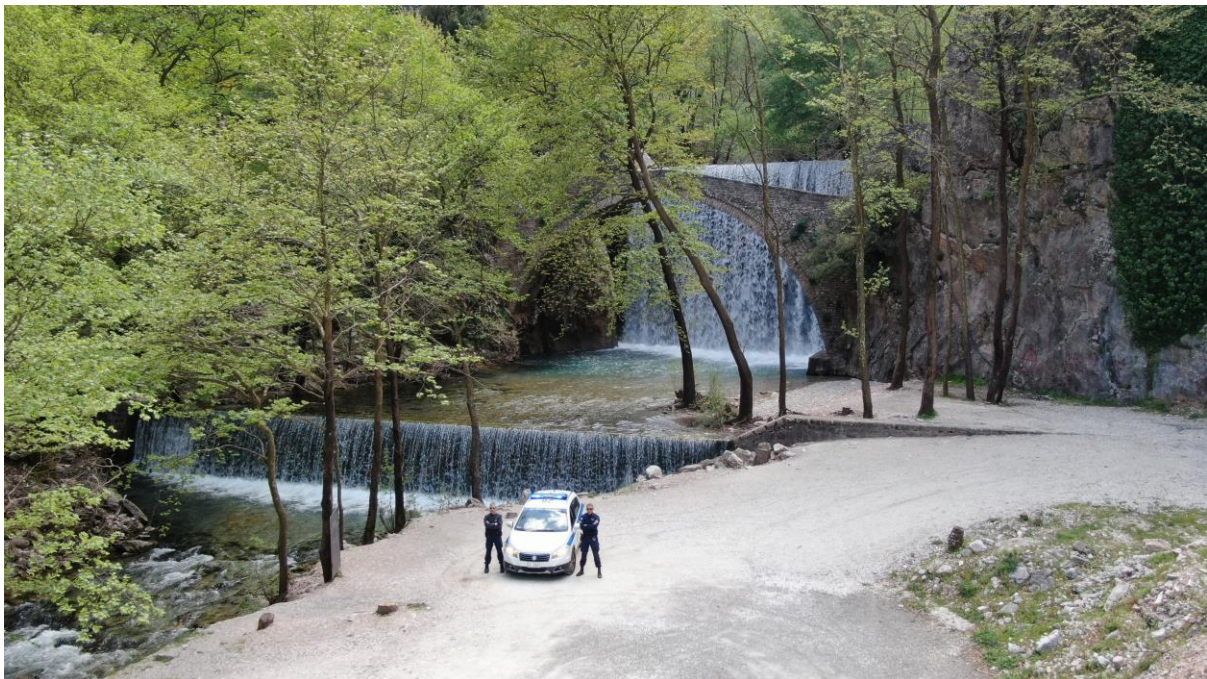


**INTERNATIONAL
POLICE ASSOCIATION**
INTERNATIONAL EXECUTIVE BOARD

IPA Newsletter

APRIL 2021

The Waterfalls on Patrol



A beautiful entry to the IPA Photo Competition
by Vasilios Dragoutsos from Greece

WORD OF INTRODUCTION

What lies ahead?

I think it is safe to say that everyone is tired of hearing about Covid-19 and related issues. People want this pandemic to end, so they can meet family and friends, as well as travel and experience new things again. The good news is that in more and more countries, the vaccination process has begun, and according to the news, the European Union predicts that it will be well on its way mid-summer. However, it can't come soon enough. All IPA members are dying to once again meet their friends, go to meetings and seminars. Gimborn castle is calling us, and I know they are eager to enlighten and educate us.

I am pleased that despite the difficulties, a lot has been achieved in these perilous times. It is human nature to find ways to meet and share experiences. I think we have done extremely well over this past year. But of course we can do more.

Most of you know that I come from a small island in the north, Iceland, and maybe you remember a few years back when this small island decided to ground all air traffic, and people all over the world were stranded. We joke that we did this to protest that Europe was blaming us for the bank collapse. You also might remember the name of the volcano "Eyjafallajökull", which I have had to pronounce numerous times for my foreign friends.

Now another volcanic eruption has started on this small island, but every Icelander was in agreement that this time we would have a small one, just so people could talk about something else than Covid-19. Luckily, the name of the mountain is easy to pronounce "Fagradalsfjall", and the valley of the eruption is called "Geldingadalir".

This eruption is fairly close to a town, and also fairly near the capital. An event like this reminds us that sometimes it's not just one thing that is troubling for us, but many things at once. Fortunately, it seems that this eruption doesn't hold much threat to the population of Iceland and no disruption in air traffic, although this would not pose such a big problem at present in any case.

Let's hope that this eruption is the end to everything that has happened in the world over the past year, and that we will get a new, fresh start to life. The last time in the recorded history of Iceland something on this scale happened was in 1918. At that time, we had the Great Frost winter starting in January, the Spanish Flu which came to Iceland in July, and the great volcanic eruption in Katla in October 1918. So maybe, as sometimes said, history repeats itself.

But enough of gloom and doom. I know in my heart that there is light at the end of the tunnel. We will all prevail, and sooner than we know, we can all meet family and friends again and truly celebrate our great association.

Einar Guðberg Jónsson, Chairperson of the External Relations Commission



AROUND THE WORLD

Hong Kong's Virtual Race 2021

As the whole world is encountering the coronavirus pandemic situation, which has resulted in the cessation and postponement of many athletic events worldwide, Hong Kong is no exception. Hence, virtual races have become one of the options for people to keep up the spirit, as well as a healthy lifestyle, and to maintain a good physical health condition in order to face the challenges from the pandemic.

On 21st February 2021, IPA Hong Kong held the virtual race (5 km) event at the Shatin Sports Ground in Hong Kong and encouraged members to participate in a meaningful event - the IPA Virtual Race (international) held from 14th to 21st February 2021.



This virtual race (5 km) not only helped in keeping up the spirit and maintaining members' good health, but it also extended the objectives of promoting positive family values as well as engaging young people who benefit from life guidance.



The Honorary Presidents and the President of IPA Hong Kong had graciously sponsored sports coupons to those who participated in the event. 15 sports coupons were awarded to those who completed the run with the best results. The record for the fastest male participant was awarded to Mr. LAU Kam-fai who finished the 5km run in 18:12 minutes. The record for the fastest female participant was awarded to Ms. Anita YING who completed the 5km run in 30:18 minutes.

In order to promote positive family values among members of Section Hong Kong, a special category – the parent and child participation in 5 km run - was initiated, and the families of Mr. CHAN and Mr. WONG were awarded by completing the 5km run in 25:38 minutes and 33:36 minutes respectively.

Moreover, engaging the youth was one of the objectives in this meaningful event; therefore, young people who are undergoing the Police Superintendent's Discretion Scheme from the West Kowloon Region, New Territory South Region, and the New Territory North Region in Hong Kong, were invited to participate in the race. 11 young runners partnered with their Police mentors in completing the 5km race, and were awarded with sports coupons. We believe that the achievement of finishing the 5km run will definitely encourage them to complete the scheme and to continue to run on the right path in life.

The event was filled with lots of joyful moments, and it would not have been completed successfully without the fabulous support from the Honorary Presidents, the President, the Executive Committee members and the Coordination Officers. In the future, we would like to organise more sports events for members, promoting a healthy lifestyle, as well as building friendship locally and internationally.



Best Regards,

IPA Hong Kong SAR

Online Meeting of the IPA Poland National Board

Due to the constant health threat associated with the coronavirus pandemic and legal restrictions in this regard in Poland, the IPA Poland National Board Presidium decided to cancel the National Board physical meeting, which had been planned to take place in the second half of March 2021. Instead, the Presidium decided to organise the National Board meeting online, to take place on Saturday 20th of March.

The internet connection not only enabled the members of the National Board to see one another (after a year's break), but they could also hear the IPA Poland President's report and some brief information concerning the functioning of the IPA Presidium presented by the members of the Presidium, the chairman of the audit committee and the chief editor of "IPA Poland News". Furthermore, all the various figures associated with the functioning of IPA Poland in the year 2020 were presented. In addition, the presidents of the regional IPA groups had an opportunity to speak and pose questions.



Bearing in mind the proper functioning of our association and the need to make the most important decisions (resolutions), the President of IPA Poland had sent a package of documents to the Presidents of the IPA Voivodship Groups, which included information on the activities of the IPA Poland Presidium, as well as proposals to adopt resolutions and drafts of these resolutions. The Presidents were given a reasonable amount of time to analyse those documents and to vote on individual resolutions.

As a result of the online voting, the National Board of IPA Poland adopted a number of resolutions, including the approval of the IPA Poland budget for 2021, new IPA recommended facilities, the awarding of the medal "Meritorious for IPA Poland", granting the title of honorary "Meritorious for IPA Poland", and granting financial assistance to IPA members.

The location for the autumn National Board meeting has also been determined, and it only remains to hope that it will be held as planned - physical.

We look forward to seeing you in October 2021.

Piotr Wójcik/Karolina Wójcik (text / translation); Aneta Sobieraj (Photos)

Section Brazil launch the 'Academic Centre – IPA Brazil'

IPA Brazil, following the example of those national sections of the IPA that already have an IPA School, and in celebration of the 59th anniversary of the IPA in Brazil, represented in Brazil by the cherry blossom, officially instituted the ACADEMIC CENTER - IPA BRAZIL (IPA Brazil School).



To establish an academic centre had been a goal for the past three years, as part of the Strategic Management Plan for the total re-engineering of the IPA in Brazil, and which resulted from an official partnership with the academic institution Universidade Internacional (UNINTER). Uninter is among the 10 largest Higher Education institutions in the country, and is the only one accredited with the highest score by the Brazilian Ministry of Education and Culture (MEC).

The IPA BRAZIL ACADEMIC CENTER (Academic Center - IPA Brazil), coordinated by the Directorate of Academic, Educational and Cultural Affairs of the Brazilian Section, and housed in the same location as the IPA Brazil Language Institute (Latin American Language Institute - ILAL), works in conjunction with the Arm Defense Security; OVIEPOL, the Observatory Institute; ANP (National Police Academy), which offers numerous courses of continuing training and specialisation in Criminal Investigation Management as well as Police Intelligence through the Superior Police School; and the DTG (Defensive Tactics Group), formed by police members of the IPA in the United Kingdom, coming from the European police tactical area. The Academic Center currently seeks to form a partnership with IBZ Gimborn, an IPA centre of excellence in police studies in Germany, with the aim of presenting unique courses at a national and international level with certification and special registrations.



To commemorate the anniversary of IPA Brazil and the inauguration of the Academic Center - IPA Brazil, the national seminar: "Data Leakage and Information Security" was developed, in an online format, with 120,000 free access points and with official certification of registered participation at MEC / Brazil.

Joel Zarpellon Mazo, President IPA Brazil

IPA Romania commemorate International Women's Day

Dear friends,

The beginning of spring shows us every year that humanity in combination with nature has the chance of a real rebirth. March is also an occasion of celebration on everything that relates to femininity, as a tribute to the thoughtfulness, emotion and power of women today. IPA Romania marked the days dedicated to women in early March by promoting some of our members who honour us every day through their career, passion and dedication.



Thus, in addition to the successful stories of these members, we have shown that being female does not mean being weak, that being strong does not necessarily mean physical strength, and that women represent a fundamental energy for the progress of humanity as a whole.

Here we name only a few of the successful women whose stories have been publicised, convinced that we will have the opportunity to make public other IPA members: Tănăsioiu Nicoleta Alexandra – IPA 2 Dâmbovița, Lupea Claudia – IPA 2 Bucharest, Cicu Alina – IPA 2 Galați, Erdem Aura – IPA 1 Buzău, Floricel Simona – IPA 1 Olt, But Oana-Simina – IPA 2 Sălaj, Soloc (Cenan) Bianca – IPA 6 Cluj.

We thank them for all that they have achieved so far and assure them of all our respect, addressing them the warmest thoughts of friendship and a sincere: happy anniversary!

Mihai-Liviu Tărtăreanu, President IPA Romania

IPA Moldova organise Ice Fishing Competition 'In Memoriam Anabela Alferes'

On 21st February 2021, a friendly ice fishing contest was organised on Ghidighici Lake near Chisinau, entitled "in memoriam Anabela Alferes, ex-president of IPA Portugal".

35 contestants participated, including 12 IPA members from Moldova.

Between the IPA members the ranking was as follows:

1. Andrei Platon, (Guard Services territorial bureau)
2. Sergiu Țurcan, (State Guard and Protection Service territorial bureau)
3. Sergiu Cazacu, (State Guard and Protection Service territorial bureau)



At the end of the competition, all contestants were presented with diplomas on behalf of the IPA Republic of Moldova Section, as well with medals and gifts from sponsors.

The competition ended with a memorial service for all IPA members in the world who have passed away due to incurable diseases and the pandemic, officiated by a council of military priests.

We congratulate all contestants and winners.

We thank the organisers and express our special gratitude to Major General Victor Țărnă, president of the IPA SPPS Republic of Moldova territorial bureau, for organising and conducting the event in good conditions, promoting the values of the International Police Association nationally and internationally.

In addition, we would like to thank Gheorghe Gandrabur, first vice-president of IPA Moldova for the inspiration and effort to give life to this project of solidarity and humanity in memory of Anabela Alferes, the former president of IPA Portugal, who will forever remain in our hearts.



We present our gratitude to Archimandrite Nicolae (Roșca), president of the Synodal Sector Pastoral Activity in the Ministry of Internal Affairs, the Ministry of Defence and law enforcement agencies, and also the council of military priests for the memorial service.



Servo per Amikeco!

Mihai Cebotari, President of IPA Moldova, on behalf of the NEC

OBITUARY

Camillus R. Abeygoonewardena – Advisor IPA Sri Lanka

We, IPA Sri Lanka, record with deep sadness the recent demise of an Advisor to the Sri Lankan Section and former Deputy Inspector General of Police in Sri Lanka, Mr Camillus R. Abeygoonewardena. He was the epitome of quintessential standards.

Traffic and security were buzz words for him. Firstly, it was security, where his life revolved around the movements of VVIPs. He was privileged to serve in the security area and close protection for Heads of States and Cabinet Ministers in the Sri Lankan cabinet, and occasionally even for members of the British Royal family, as well as other dignitaries and VVIPs.

Out of all these encounters, he considered being acquainted with Pope John Paul II, President Ronald Reagan, Her Majesty Queen Elizabeth II and the Japanese Emperor as very precious moments.



Traffic management and road safety were ingrained into his system closely and dearly as he excelled in this sphere, which he adored. He was a vigorous professional enforcer of traffic. His extensive training in this field took him to the United Kingdom, Sweden, Thailand, Singapore, Japan and India on extensive training programmes and workshops on numerous occasions.

His passion to share his wisdom and knowledge amongst his peers and juniors was sincere and open. One striking quote on his office desk read **“Law is no respecter of a person”**, a reminder that we need to be mindful of being persistent if we are to enforce what is right. He lived by every word he preached as a police enforcer.

One of the proudest moments in his illustrious police career, which he often spoke about, was his involvement in making traffic arrangements for the Non-Aligned Summit in 1976, where precision and timing to move motorcades of over 75 Heads of State was carried out to perfection. He again excelled with the Pope’s visit in 1995. Other significant initiatives were the traffic warden programmes in schools, and introducing white belts, caps and gloves for all Sri Lanka traffic police officers. They became the standard uniform for traffic cops in Sri Lanka thereafter. He was probably the best traffic enforcer in the country at the time.

One great aspect in his role as public servant, was that it was about being of service, whilst expecting nothing in return. He would share case studies or examples of good public service, which eventually showed that we need to work in the best interest of every person. Efficiency and effectiveness were his guiding recipe in getting a job done.

He was used as an advertisement to attract talent to the Sri Lanka Police Force, given his smartness, vigour, his charming personality and good looks.

He was regarded as a teacher, a stickler for enforcing the law and upholding it at all times. Compromise was not in his work ethic. He was proud of his ability to serve the police on all occasions, and he carried himself with a sense of conviction and pride, be it with or without his uniform. He stood for justice, the rule of law, fair play and discipline.

Mr Abeygoonewardena served as a Vice President of the international Police Association’s Sri Lankan Section for many years and travelled numerous times to several countries to attend IPA World Congresses. Lastly, he served as an Advisor of IPA Sri Lanka, which is part of the prestigious world-renowned organisation.

Overall, he was a great coordinator, a leader and administrator. He worked hard to earn a reputation for himself, by devoting his time to building relationships whilst also ensuring that any task conferred upon him was well executed.

Camillus Abeygoonewardena lived a full life. He adored his family, his work, and his unflinching commitment to honour, honesty and pristine standards in whatever he did in the course of his trek through life. He taught others to uphold such virtues in all trials and tribulations through life, resisting the temptation to succumb to greed and selfishness.

Let me conclude by sharing the second most striking quote from his office, **“Be nice to people on your way up, because you are bound to meet them on your way down”**, a proverb which he lived by, until his last breath.

His death is an irreparable loss to our Section, to his family, friends and to the members dear and near to him. May his soul rest in peace.

Asoka Wijetilleka, Acting President & Secretary General IPA Sri Lanka

IPA Virtual Walking Challenge

Join Section UK's IPA Walking Group Event in June 2021

The first Virtual Walking Challenge, organised by Section UK's IPA Walking Group, will take place between 1st and 30th June 2021. Are you up for the challenge?

The global situation that we are living through is restricting our daily lives. Depending upon where in the world you are, the restrictions may be greater or less, but most of the world is affected.

Walking is still something that can be achieved by many people on an individual basis, as a family or household groups and, as restrictions permit, with groups of friends. Walking is known to be:

- Good for our physical health
- Good for our mental health
- Good for our general well-being

It doesn't matter where in the world you are; you can participate.

Entry registration will be open from 1st May 2021 to 7th June 2021, or when 1000 participants have entered.

Entry will cost £8.00 (GBP) per participant. Full payment is required at the time of submission of entry form.

To mark your achievement, you will receive a high-quality woven cloth patch (as displayed in the image) and upon request, a self-print A4 certificate.



For further detailed information, please email ipawalking@yahoo.com, or alternatively, follow the link to the event on the IPA international website at:

<https://www.ipa-international.org/Events/2021-virtual-walking-challenge/175937>.

Full details of the event include a catalogue of frequently asked questions as well as the Virtual Walking Challenge Entry Form.

Join Section UK's IPA Walking Group in June 2021 for a challenging and rewarding month of walking, and make sure to share your photos with the organisers!

Spike Elliott, Event Organiser, IPA UK Walking Group

Establishing Inner Peace



In these difficult times, the police and all security agencies have had a very difficult job. They have been fighting an "unknown" criminal. But not in the physical sense. The many measures that were imposed made the job all the more difficult, and at the same time the fear people experienced gave rise to various fears, hardships, as well as negative reactions. People basically did not even recognise each other anymore, and therefore there was an increase in violence, even in families where you wouldn't think such a thing was possible.

However, as police officers are not robots, but only human, this touched and affected them, you could even say it hurt them mentally. This means they need rehabilitation, and I have therefore prepared a few tips.

Most importantly, now that "isolation" is coming to an end and we have to live anew, is that we are aware that life will not be the same. The people we knew will be different, the relationship with them will also be different. Suddenly we will have the feeling that we are in a completely different world, even though everything will look the same. We humans have changed inwardly.

It is vital now to find a balance in all this confusion, and we will be able to do this if we work on the personal variables in the following order:

First step: WORK ABOVE THE BODY (food, exercise)

The central organ of the whole body is our brain. The brain needs enough oxygen and enough fresh blood. The higher the load, the higher the consumption. If the body is not sufficiently supplied, it cannot supply the brain with enough high-quality oxygen and blood. In such a case the brain gives the body information to slow down, and we suddenly become tired and lazy. The brain will make sure that it always has enough, even if other organs and body functions suffer.

Personal transformation is an emotionally stressful process, so it is important that the body is strong enough to withstand these efforts.

Second step: INTELLIGENCE

The second aspect is our intellect, so again our brain. Since we spend most of the day dealing with a particular problem or the same types of problems, the brain becomes "unbalanced". A counterweight has to be given. Therefore it is useful to introduce a brain exercise in the second half of the day, maybe a video game, reading books, or learning from a completely different area, solving crosswords, or mental challenges ... Anything, but definitely not television. Occasionally we may look at some creative content or notes for our current life, but anything else is not recommended.

Step Three: EMOTIONS

In third place are our emotions. I am not talking about love, romance, art ... It is really about fun. Let's start exploring where we have fun. Above all, let's observe what we enjoy in our daily activities, where we find relaxation and playfulness. In short: let us enjoy.

Fourth step: SOUL

In the end, all that remains is our soul. This is really comforting, or a retreat where we focus on ourselves. Some consider it a prayer, others a meditation, a third a beer after work, a fourth a walk in nature ... In short, it is a time when we can be alone and concentrate on our thoughts.

When we start to deal with these four components in parallel, we take a step towards inner peace. If we only deal with one or two components, we will not progress much, because we will tear off other components. In this way we will go round and round even more, and it will become more and more difficult for us ...

To illustrate this with an example: If we only do sports, we will end up running a marathon or even longer (or we will constantly need more effort), but not peace, which we will never achieve.

Over a period of ten days, all activities must be equally satisfied with approximately the same intensity.

"But when do we have time for all this?" one could say. We have time. But in order not to create panic and confusion, it is important that you start making changes and slowly work on yourself, within the framework of what you are already doing. Above all, be aware that you will be slower and more tolerant at the finish line much earlier than when you are looking for shortcuts.

When we experience what we like about all these components, we suddenly start to have fun and focus more and more on ourselves. Suddenly we are no longer interested in the outside world, but more in our inner world.

In a way, we build a fence against all the negative influences we have had so far, because we simply no longer see them. We spontaneously stop dealing with negative things. We only deal with our energy.

In this way, we set out on the path of inner peace. This peace has to be constantly maintained. How and why? So that you can enjoy your daily tasks. Eventually, you will not do anything that you do not enjoy doing.

Captain Milan Krajnc, PhD, Member IPA Hungary

ON THE TABLE OF THE IEB

International Day for Street Children: 12 April 2021

With the support of the International Executive Board and on behalf of the Chairperson of the Professional Commission, Demetris Demetriou, I write to remind you that the International Day for Street Children 2021 is nearly here.



These last 12 months will have been very difficult for kids living on the streets, as humanity has battled a global pandemic. This is why it is important to remind you of the values and ongoing work of the Consortium for Street Children (CSC), and to ask you all to consider what action and support your Section might be able to provide.

CSC is a global alliance that exists to be the voice of street children and ensure their rights to services, resources, care and opportunities are met. CSC aims to promote good practice, challenge and change the systems that cause harm, creating powerful links between organisations, activists and policy makers around the world who are addressing the needs and rights of street children, providing advocacy, capacity building, shared learning and research.

INTERNATIONAL DAY FOR STREET CHILDREN 12 APRIL

CSC wants a world where street children live with dignity, in safety and security.

CSC wants to change the world for street children by:

- ensuring they have the same access to services, resources, care and opportunities that other children have;
- amplifying street children's voices so they can make their views known;
- putting an end to the discrimination street-connected children around the world face on a daily basis.

Why does it matter?

Street children depend on the streets for their survival – whether they live on the streets, work on the streets, have support networks on the streets, or a combination of the three. Nobody knows exactly how many street children there are, but each has their own unique story.

Their reason for being connected to the streets are many and varied, but poverty, displacement due to natural disasters and conflicts, discrimination, abuse or family breakdown can all play a role.

Please find out more at: <https://www.streetchildren.org>

Thank you for taking the time to consider the plight of street children around the world and what your Section might do to support this important cause locally.



Clive Wood, Member of the Professional Commission & President IPA UK

Departure of IAC Staff Member

Kerry Ward joined our IAC team in April 2014, bringing a knowledge of accountancy among her skills and a cheery disposition. Among her tasks, Kerry was our point of contact with our IT provider and offered me sound advice, when I was required to decide on matters in this area.



Kerry on her last day in the office, with a Certificate of Appreciation and gift vouchers received from the IEB

She became a valued asset at the World Congresses, where she took on the not inconsiderable task of recording and preparing the written minutes.

Kerry also made use of her local knowledge to introduce the IEB to a variety of excellent, yet good value eateries for our evening meals, when we met in Nottingham. On our last such meeting, she booked us into the old courthouse and jail for a memorable interactive tour and dining experience.

Kerry has made a significant and positive contribution to the IAC and the IPA, and she will be missed by all who had the good fortune to work with her.

I wish her well in her new career with the Ambulance Service.

Stephen Crockard, Head of Administration

LAST WORD

Some months, it takes me a while to decide what to write in the Last Word, and often inspiration comes late in the day. This month, there was no hesitation: after 7 years of working together at the IAC, Kerry came 'top of the list' to share with you 😊.

As a leaving gift, I put together a small newsletter for Kerry, trying to highlight memorable IPA moments we experienced together at the IAC. Looking through many photos over an evening proved one aspect in particular: we had fun!

As work takes up a considerable amount of time in all our lives, I think the 'fun factor' is vital. Work should be challenging and rewarding. Of course it can be hard, but above all, it is about the people we spend our time with, and how we get on.



Kerry has been a lovely colleague: dedicated, reliable and enthusiastic. We had the privilege of preparing for and working together at five IPA World Congresses: Potsdam, Limassol, Albena, Rotterdam and Dubrovnik, and have seen the arrival of two new International Executive Boards.



IAC life with Kerry was never dull: many of these moments can definitely not be shared with the wider public 😊, but I can mention here that Kerry's first flight to a congress resulted in both of us being questioned at airport security ... the IPA sports trophy had arrived late, resulting in Kerry deciding to carry it in her hand luggage ... neither of us was aware that this would resemble a large weapon on the airport scanning machines ... We also braved jogging together along what turned out to be a motorway in Bulgaria –

and survived (!), as well as cycling on the wrong side of the cycling track over a massive bridge in Rotterdam (a deadly sin judging by the Dutch cyclists coming the other way and shouting at us). Just a few of many fun moments.

During the last year, Kerry, Daniel and I have been working from home. A different experience, but shared through many group video calls each day. I am thankful to Kerry and Daniel for upholding the IAC team spirit in these challenging times. I am pleased that Daniel has accepted the chance to take over some of Kerry's duties, and, true to form, Kerry's handover has been exemplary. I have therefore no doubt that Daniel has all the tools in hand to continue the great work Kerry has done.

Thanks, Kerry, for the past 7 years, and all the best for your new position!

Elke

